

INFLUENZA SEASON RECOMMENDATIONS
FOR
RESPIRATORY HYGIENE

We urge that all physicians and clinics take measures that can lessen the impact of a local influenza outbreak in your offices.

- Providing masks to all patients with symptoms of a respiratory illness with instructions on their proper use and disposal.**
- Providing a readily accessible waterless hand hygiene product and instructing patients to decontaminate their hands after dealing with respiratory secretions and before their contact with a health care worker.**
- Providing, if possible, a small paper or plastic bag for tissue disposal.**
- If at all possible, separating patients with respiratory illnesses from other patients, by either placing them in a separate area or examination room.**
- Ensuring, if at all possible, that all of your staff has received influenza vaccine and not to come to work if they have respiratory illness symptoms**